

President: Vice-President: Treasurer:

John Krueger Scott Nelson

Secretary: Member: Member:

Scott Lyon Tom Haase Rvan Chilson 402-447-6294

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Public Schools ~ ~ ~ ~

Newman Grove

Jeanie McCloud

2016-2017 January, 2017

Web Site: http://www.newman.esu8.org

Board of Education Meeting Summary January 10, 2017

- The meeting of the Board of Education was called to order at 5:04 p.m. with all members in attendance.
- The Open Meetings Act was announced and posted in the meeting room.
- The agenda was approved as published; minutes of the December 12, 2016 were approved as printed.
- The next regular meeting will be held on Monday evening, February 13th at 7:30 p.m. The annual meeting of the Bluejay Foundation will be held at 7:00 p.m.
- The board heard presentations by four firms to provide services in determining facility needs of the district. Firms represented were DLR Group (Omaha), Clark Enersen (Lincoln), Peters and Associates (Omaha), and Design Build Procure (Johnson Lake). Following the presentations, board members continued discussion on the design-build process. A community meeting requesting patrons input was scheduled for Sunday, January 22nd at 5:00 p.m. in the gym.
- Curriculum reports were provided by Eric Albers (Physical Education/ Health) and Braxton Staack (Mathematics).
- Monthly reports were provided by Matt Rudloff (Counselor) and Karla Patzel (Activities Director).
- Principal Barnes provided information on Winter Homecoming activities, professional development scheduled for January 23rd in Norfolk, and technology training, curriculum work and parent-teacher conferences scheduled for February 1st.
- Superintendent Shalikow provided information on a board member retreat, voicemail system (more information will be gathered), replacement of a refrigerator (old cooler moved to elementary for milk storage), sale of used technology equipment, and a summary of vacation/sick leave days used.
- The Treasurer's Report was accepted as presented.
- Claims were approved for payment (\$24,666.74-General Fund; and \$4,638.31-Depreciation Fund).
- The meeting was adjourned Sine Die for the election of the 2017 Board of Education President.
- Appreciation was extended to David Fowlkes for his 10 years of service to the District.
- Rvan Chilson was administered the oath of office as a new member to the Board of Education.
- 2017 officers were elected: John Krueger President: Scott Nelson Vice-President; Jeanie McCloud - Treasurer; and Scott Lyon - Secretary.
- Janet Williamson was appointed Recording Secretary.
- President Krueger made the following committee appointments: Finance (McCloud, chairman; Haase and Lyon); Curriculum and Instruction (Haase, chairman; Krueger and McCloud); Building and Grounds (Haase, chairman; Chilson and Nelson); Fireman's Park Board (Chilson, Krueger and Lvon); Transportation (Haase, chairman; Chilson and Krueger); Americanism and Insurance (Krueger, chairman; McCloud and Nelson); Negotiations (Krueger, chairman; Chilson and Lyon); and Safety (Nelson).
- The Newman Grove Reporter was appointed as the district's newspaper of record.
- The Bank of Newman Grove was selected to serve as the district's financial institution.
- The 2017-2018 school calendar was approved as presented.
- The meeting was adjourned at 10:00 p.m.

CONGRATULATIONS TO:

- Kala Rast and Riley Montoya, selected for the Symphonic Honor Band at Wayne State College.
- The girls basketball team on winning the Broken Bow Holiday Basketball Tournament.
- Our December "Students of the Month": David Plugge and Brady Sokol (sponsored by Betz's Little Shoppe) and Beckett Jorgensen and Gabby Beehn (sponsored by the City Café).

Nebraska School Board Member Week is January 22 – January 28

NEWMAN GROVE SCHOOLS WOULD LIKE TO THANK **OUR SCHOOL BOARD MEMBERS**:

David Fowlkes (10 years) Tom Haase (8 vears) John Krueger (6 vears) Jeanie McCloud (6 years) Scott Lyon (4 years) Scott Nelson (4 years) Rvan Chilson (Newly Elected)

FOR ALL THEIR TIME AND **EFFORT IN MAKING OUR** SCHOOL RUN SMOOTHLY!

I.

If you see these people around town, please take the time to thank them for their service to the School District.





From the Desk of Superintendent Mikal Shalikow:

We would like to thank David Fowlkes for his dedication and contribution to the Newman Grove Public Schools and the community through his 10 years of service on the Board of Education. We welcome Ryan Chilson as a new Board member as he was officially sworn in on January 10, 2017.

In the next few months the NG Board of Education will be facing many difficult decisions in regards to the future of the school and its facilities. In order to make the best decisions concerning these issues the Board will be hosting a meeting on January 22, 2017 beginning at 5:00 p.m. in the Newman Grove gymnasium. The purpose of this meeting is to receive input from the patrons of the district as to how to best proceed to remedy these issues it now faces. The issues will be presented at the meeting and then it is critical that community members provide their thoughts and ideas.

All of the potential solutions will involve the expenditure of significant dollars and thus the need for community input to the Board so it can determine the most effective solution.

If you are unable to attend this meeting, I urge you to send me your input at <u>mikal.shalikow@ngpublicschools.com</u> or call the school, 402-447-6294. If you provide written input please include your name and address. Thank you in advance for helping the NG Board of Education in this endeavor.

Respectfully,

Mikal T. Shalikow Superintendent



Pictured is Ryan Chilson being sworn into the School Board.



FROM THE OFFICE OF PRINCIPAL DARRELL BARNES

MR. BARNES



Second Semester is here! Winter Activities are in full swing!

It is amazing that it is already 2017 and that we are just a few months away from graduating our senior class. Yet there is a great deal to be done by all students between now and May. With a myriad of activities that our students participate in, it is important that they keep their eye on the prize of the diploma they can earn.

Academically, we are beginning second semester classes and will continue to prepare our students to be college and career ready. In order to gauge how are students are doing, there are several tests of significance that students will be taking in the near future.

Our 4th and 8th graders were randomly selected to be tested by the State in areas of math and reading. That test will place on February 15.

State testing (known as the NeSA tests) will be in the areas of Reading, Math, & Science and will take place during the timeframe of March 20-May 5. Reading and Math will test grades 3 thru 8 while Science will test grades 5 & 8. The new part of the testing is that ALL juniors will take the ACT test. This is a test that many juniors and seniors take as part of their college planning and for scholarships. This test will be given on April 19th and will be paid for by the Nebraska Department of Education and the scores will be admissible to colleges and for scholarships. These, along with some other tests throughout the grades, will help determine the growth and academic improvement of our students. As you can see with all of the competitions, practices, and activities our students are extremely busy so please encourage your student(s) to get plenty of rest and eat a good breakfast throughout the rest of the school year. We all need to do our part to help our students be able to perform at a high academic level.

Newman Grove Community, we need your HELP!

The Newman Grove Public Schools is holding a community meeting to discuss the <u>future</u> of the <u>school</u> and its <u>facilities</u>. The Newman Grove Public Schools is in critical need of your input! We need the community to attend this meeting to provide ideas to the Board of Education, to direct them on the future of our school.

Superintendent Mikal Shalikow will give a short presentation on the current issues the district is facing in regards to its facilities and future.



After the presentation from the Superintendent, the community will have the opportunity to share their feelings about the future of the school!

Sunday, January 22nd @ 5pm Location: Newman Grove Public Schools Gym



January, 2017

COUNSELOR'S



Matt Rudloff K-12 Counselor mrudloff@esu8.org



I hope everyone had a Merry Christmas and will have a happy new year. This month brings much excitement and many tasks to be completed by seniors planning on attending college. You may and hopefully have many things done already with this year being the first year of the early FAFSA which was started on October 1st. But just in case you have not filled out the FAFSA, the first task that should be completed is obtaining a FAFSA ID number for the FASFA. *This was new last year and replaces the old PIN system.*

The FSA ID (Federal Student Aid ID) is a username and password you create to access the FAFSA and federal student loan websites. This ID replaces the PIN previously used by students and parents. Follow these steps to get your FSA ID. If you're a dependent student, you and a parent will each need one.

1. Go to fsaid.ed.gov before you start your FAFSA.

• Provide your email address and create a username and password. Print this page. Both you and a parent will need active email accounts. Don't use a high school email account.

- 2. Enter personal information.
 - Name, Social Security number, date of birth
 - Mailing address, email address, phone number
- 3. Answer challenge questions. Select answers that are easy to remember and won't change over time.
- 4. Submit your FSA ID information and verify your email address with the assigned security code.

After receiving your FAFSA ID, you should apply for federal student financial assistance by completing the FASFA. Even if you do not need financial assistance, everyone should fill out the FASFA because colleges use this information in helping with many other things such as scholarships. Federal Student Ioan interest rates are lower and any other Ioans so you are encouraged to fill out the FASFA to see what you qualify for. The fastest way to fill out the FASFA and to get results back is to do it online electronically. The web-site is <u>www.fafsa.ed.gov</u> A FAFSA on the Web Worksheet is available online at <u>www.fafsa.ed.gov</u> or <u>www.FederalStudentAid.ed.gov/pubs</u> for you to print and write down your information prior to completing the online submission of the FASFA. You can obtain printed copies of the worksheet by calling 1-800-4-FED-AID (1-800-433-3243). Apply for the FASFA between Oct.1, 2016 and June 30, 2017. The sooner the better as colleges may have their own deadlines which usually can be as early as February. You will use 2015's Income tax information so your taxes are already completed.

Information that you will need to fill out the FASFA

- Social Security #
- 2015 W-2 forms and other records of money earned by student and parents, if you're a dependent student
- 2015 Federal Tax Returns and W2's
- A FAFSA ID number for both parent and student (<u>fsaid.ed.gov</u>)
- 2015 untaxed income records examples include Social Security benefits, welfare benefits such as Temporary Assistance to Needy Families (TANF) and veteran benefits.
- Current bank statements, business and investment mortgage information; business and farm records; and stock, bond and other investment records.
- Alien registration number (if you are not a U.S. citizen).
- A link to the FASFA and Education Quest websites are posted on our school website.

Other important information

- You should never pay to fill out the FAFSA. Check the web address to make sure it ends in .gov
- <u>The Education Quest website (www.educationquest.org) gives great tutorials for filling out the FASFA.</u> <u>It goes over each question and helps answer any questions you may have.</u>



If your son or daughter still doesn't know what to do, they can go to NCIS and explore careers, colleges, etc.



Plan Your Career with Nebraska Career Information System (NCIS) via the Internet

- Check out more than 500 occupations.
- Match occupations to your interests.
- Learn about colleges and universities.
- Discover where to get an apprenticeship or degree.
- Find scholarships and financial aid.

Your access for the 2016-2017 school year is provided by Newman Grove High School. The CIS web-site address is : <u>http://</u> <u>necis.intocareers.org</u> Your user name is: 09newmanhs. Your password is: <u>H021209</u> (Your Password is case sensitive). Enjoy exploring careers through CIS!

Junior High Students have the same opportunity with: Plan your career with the Countdown (612 for CAREERS) via the internet! The Countdown Web site address is: <u>http://necis.intocareers.org</u> Your user name is: 09newmanjh. Your password is: <u>J105409</u> (Your Password is case sensitive). Enjoy exploring careers with Countdown!



FASFA Completion Days at Northeast Community College

Northeast Community College is offering some free assistance through their Financial Aid Office at the College Welcome Center on Fridays from 1pm -4pm from October through June 2017 with no appointment necessary (excluding days the college is closed).

You will need to the following information:

- 2015 Federal Tax Returns and W2's
- A FAFSA username and ID for both parent and student (<u>fsaid.ed.gov</u>)



PARENT-TEACHER CONFERENCES

Parent-Teacher Conferences provide an opportunity for parents and teachers to plan together what can be most beneficial for the child's education. Successful conferences result from teamwork between parents and teachers.

Newman Grove Public Schools will hold second term Parent-Teacher Conferences on Wednesday, February 1, from 4:00 PM— 8:00 PM.

If you are unable to attend conferences on this date, please call the school to arrange a different time. (Elementary: 447-6051; Junior-Senior High: 447-6294).



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LIONS CLUB 29th ALUMNI BASKETBALL TOURNAMENT

The Lions Club Alumni Basketball Tourney will be March 17th-19th. Teams are being formed for both the men and women. One women's game is planned for Saturday evening. Please consider combining classes and teams wherever possible. Remember, your team must have at least five players on hand to start a game! Team entries are due by February 8, 2017. We will draw for team placement in the brackets the second week in February and announce the schedule after February 15th.

Contact Gene Wissenburg at (402)447-2255 or Dennis McCloud at (402)447-6490 for more details.

Scholarships

• An updated list of scholarships is available in the counseling office for students to pick up and on our



school web-site. Local scholarships will be available around February 1st.

- Many colleges have a February 1st or earlier deadline. For example, UNL's deadline is January 15th. Please check with all the colleges you are applying to so you do not miss out on scholarship opportunities.
- Please notify Mr. Rudloff of any Scholarships earned so that proper recognition can be given at graduation. This includes all scholarships earned, even those not accepted.

College Visits

Seniors should visit and then apply to colleges they are seriously considering.



2017 FFA Scholarship Application

SENIORS – Fill out the FFA scholarship now! One application for 1800 scholarships! Available for ALL students even those not in FFA. Scholarship application is due February 1st. Visit <u>ffa.org</u> or see Mrs. Sweeter for more information.



FIRST SEMESTER HONOR ROLL

High Distinction – All A – 4.00

Grade 8 -- Emma Montoya, Paige Nelson. Grade 10 -- Emma Arndts, Tyson Haddix.

Grade 12 -- Mya Donelson, Hannah Haase.

Distinction – Average Greater Than or Equal to 3.50

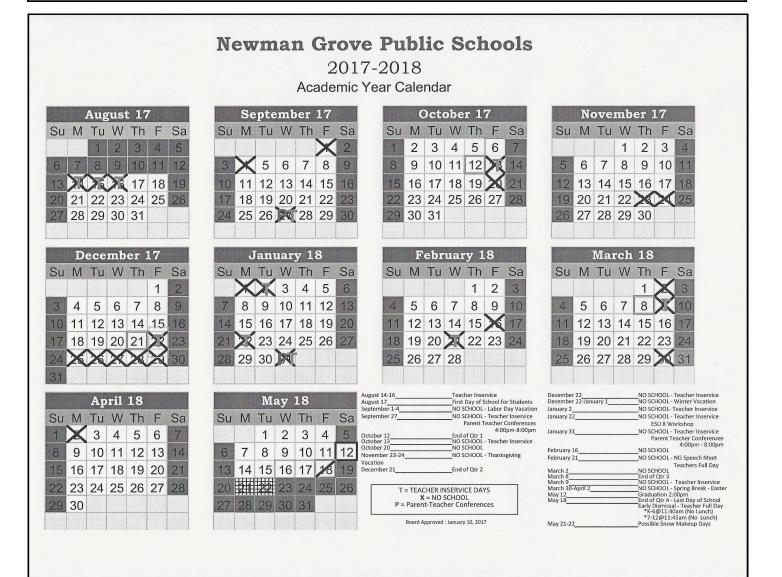
- Grade 7 -- Elyssa Cuevas, Taya Morrison.
- Grade 8 -- Bethany Borgheiinck, Beau Hawn.
- Grade 10 -- Sarah Johnson.
- Grade 11 -- Evelyn Estrada-Gonzalez, Cody Nelson, Payton Nelson, Caden Ranslem.
- Grade 12 -- Guadalupe Estrada, Alexis Kopecky, Jacob Potmesil.

Honors – Average Greater Than or Equal to 3.00

- Grade 7 -- Morgann Johnson, Isaac Potmesil, Ellie Rankin.
- Grade 9 -- McKenna Haase, Abigail Pohlen.
- Grade 10 -- Cheyenne Cleland, Dominik Cuevas, David Plugge, Matthew Rast, Brady Sokol.
- Grade 11 -- Dylan Bagley, Levi Krueger, Abbie Pieke, Connor Rankin, Rebecca Stone.
- Grade 12 -- Bridgette Borgheiinck, Kyle Stone.

CONGRATULATIONS!







elebrate



SECOND QUARTER ELEMENTARY AWARDS

KINDERGARTEN: Good Citizenship: Irene Alvarado, Carson Anderson, Cash Barthel, Ian Chilson, Ashanti Enriquez, Kyrie Fisher, Pete Hudson, Elia Jarecki, Sophie Lyon, Tessa Mason, Jacob Matson, Griffin Nelson, Kale Nygren, Sydney Patzel, Ariyana Potmesil, Khoen Voelker, Videl Wheatley. Perfect Attendance: Elia Jarecki, Sophie Lyon, Griffin Nelson, Sydney Patzel, Khoen Voelker. Good Attendance: Irene Alvarado, Ian Chilson, Pete Hudson, Jacob Matson.

FIRST GRADE: Good Citizenship: Joseph Berney, Niki Bollig, Carter Dohmen, Evan Duhachek, Payton Fehringer, Beckett Jorgensen, Oliver Kaufman, Brylee Patzel, Connor Rawson, Gavin Thompson. Perfect Attendance: Niki Bollig, Beckett Jorgensen, Oliver Kaufman. Good Attendance: Joseph Berney, Carter Dohmen, Korben Donner, Evan Duhachek, Brylee Patzel.

SECOND GRADE: Good Citizenship: Jayden Benson, Ethan Donner, Triston Duhachek, Allyx Forre, Nate Fowlkes, Kade Hudson, Piper Jarecki, Dylan Luetkenhaus, Carter Lyon, Andrew Matson, Kellan Morris, Rachel Rudloff, Isabella Santarosa, Austin Schulz, Josh Tannehill. Perfect Attendance: Allyx Forre, Dylan Luetkenhaus, Austin Schulz. Good Attendance: Triston Duhachek, Kade Hudson, Carter Lyon, Rachel Rudloff.

THIRD GRADE: Good Citizenship: Shawn Brixter-Hagnaya, Micah Cuevas, Xander Foulk, Billy

Fyfe, Owen Kaufman, Leynn Luna, Summer McKinzie, Riley Nelson, Kailey Patzel, Isaac Rudloff, Serenity Strong, Jadyn Temme, Keira Voelker, Elise Witchell. Perfect Attendance: Micah Cuevas, Owen Kaufman, Summer McKinzie, Kailey Patzel, Keira Voelker, Elise Witchell. Good Attendance: Isaac Rudloff.

FOURTH GRADE: Good Citizenship: Moises Alvarado, Gabby Beehn, Brooke Forre, Zander Jarecki, Alee Luna, Cole Lyon, Aleeya Morris, Tony Petersen, Colton Wissenburg. Perfect Attendance: Moises Alvarado, Zander Jarecki, Cole Lyon. Good Attendance: Gabby Beehn, Abigail Matson.

FIFTH GRADE: Good Citizenship: Christyan Anderson, Jazlynn Bechtold, Jansell Enriquez-Lopez, José Luna, Carmen Montoya, Caden Nygren, Trenton Patzel, Bruno Santarosa, Austin Wiese. Perfect Attendance: Christyan Anderson, Giles Deeder, Cora Patzel, Trenton Patzel. Good Attendance: Caden Nygren, Bruno Santarosa.

SIXTH GRADE: Good Citizenship: Addy Donelson, Ronnie Fyfe, Kevin Haase, Emmanuel Hernandez, Lucas Krueger, Darren Petersen, Mara Ranslem, David Miller, Autumn Patzel, Maci Pollard, Kaison Voelker. Perfect Attendance: Autumn Patzel, Mara Ranslem. Good Attendance: David Miller, Kaison Voelker.

GREAT JOB!



Winter Homecoming Candidates

Winter Homecoming ceremonies will be held on Saturday evening, January 21st at 7:30 p.m., in the Newman Grove High School gymnasium.

Queen candidates are Bridgette Borgheiinck, daughter of Richard & Arlene Borgheiinck; Mya Donelson, daughter of Alan & Daidrea Donelson; Guadalupe Estrada, niece of José Estrada & Maria Gonzalez; Alexis Kopecky, daughter of Ken & Nancy Kopecky.

King candidates are Luis Fillol, exchange student hosted by Mikal Shalikow; Alex Robak, son of Brad & Tami Robak.

A dance will follow the coronation ceremonies. Tim Rossow and the FBLA organization are in charge of Winter Homecoming arrangements.

Pictured left to right: (top) Mya Donelson, Alexis Kopecky, Bridgette Borgheiinck, Guadalupe Estrada. (bottom) Alex Robak and Luis Fillol.





January, 2017





Hannah Haase

Parents: Tom & Nancy Haase

Other Family Members: Jacob, McKenna, Kevin

Favorite Pastime: Hanging out with friends and family

Part-Time Employment: BD AG and the Newman Grove City Pool

Senior Activities: FFA, FBLA, National Honor Society, Speech, One-Act, Shell Creek Watershed, Monarch Butterfly Project

Plans After Graduation: Attend Oklahoma Panhandle State University and major in Agribusiness

Alexis Kopecky

Parents: Kenny & Nancy Kopecky



Favorite Pastime: Hanging out with friends and going on walks with my dogs

Part-Time Employment: Newman Grove Bowl & City Café previously

High School Activities: FFA, Frog Testing, Bowling, Softball, Volleyball, Student Council. Music, Band

Plans After Graduation: Attending Wayne State College to get a degree in Criminal Justice or Pre-Vet Medicine or Social Services

Newman Grove Yearbook 2016-2017

Selling Yearbooks now! +\$35 without name +\$39 with name If interested please contact Newman Grove High School at 402-447-6294 or email the NG yearbook advisor at: amy.nelson@ngpublicschools.com







K-6 Students of the Month Sponsored by NG City Café

The December elementary students of the month are Beckett Jorgensen and Gabby Beehn. The students were treated to a free lunch at the City Café, sponsor of this month's student of the month.

Beckett Jorgenson was nominated by Mrs. Forre. "Beckett is very willing to help others and has a great attitude. He is easy to work with and thinks of others."

Gabby Beehn was nominated by Mrs. Patzel. "Gabby is a new addition to the 4th grade class and is all smiles! She is very kind to all her classmates. She works extremely hard in the classroom. Gabby also is willing to lend a helping hand whenever needed!"

Pictured (l-r): Gabby Beehn, Dawn and Adam Witchell (owners of the City Café), Beckett Jorgensen.



7-12 Students of the Month Sponsored by Betz's Little Shoppe

The December secondary students of the month are Brady Sokol and David Plugge. Betz's Little Shoppe is the sponsor for this month and awarded them \$25 in Newman Grove Bucks to spend at many of our local shops.

Brady Sokol was nominated by Mr. Rose (Social Studies) "Brady works very hard and is always there to help out other students and teachers"

David Plugge was nominated by Mr. Rossow (Business) "David Plugge is always very pleasant in class and comes prepared each day. He is always very respectful to those around him. David is very teachable and seems to really enjoy learning new things."

Pictured (l-r): Betz Quincy (owner of Betz's Little Shoppe), Brady Sokol and David Plugge.



FFA Upcoming Activities

FFA Meeting-January 17th - 7:30 PM

Livestock Judging Practices– January 17th-6:30 PM

Livestock Judging @ NECC- January 26th -8:30 PM

January 24th-7:00 PM



CDE Practices (if you're competing in a contest, you must attend 4 of these practices or schedule your own times to come in!) January 17th - 6:30 PM January 24th - 7:00 PM February 6th - 7:00 PM February 13th - 3:35 PM February 21st - 6:30 PM CDE District Contest @ CCC—February 28th - 9:00 AM State Degree Reviews-February 4th @ Schuyler-8:00 AM National FFA Week-February 18th-25th





by Tami Texley

We have 4 extra Band T-Shirts for sale \$14.95

1 Adult-M

- 2 Adult-S
- 1 Youth L

Contact Mrs. Texley

Students Selected to UNK Honor Band and Choral Clinic

High school vocal and instrumental music students from more than 100 schools in Nebraska, Iowa and Kansas have been selected to participate in the University of Nebraska at Kearney's Honor Band and Choral Clinic on January 23rd. The event includes 697 students and features three choirs and two bands, which rehearse all day before presenting a 6 p.m. concert at the UNK Health and Sports Center. The honor choir is directed by David Bauer, professor of music and UNK director of choirs. The honor and festival bands are directed by Duane Bierman, assistant professor of music and UNK director of bands, and Brian Alber, assistant professor of music and UNK assistant director of bands. The choir clinic also includes guest clinicians Jason Stevens, director of choirs at Millard South High School, and Leslie Essman, director of choirs at North Loup Scotia High School.

The UNK Honor Band and Choral Clinic is open to sophomores, juniors and seniors who were selected through auditions. Riley Montoya, Junior, son of Jose and Amy Montoya, was selected for the UNK Honor Band, playing Treble Clef Baritone. Kala Rast, Senior, daughter of Nathan and Heidi Rast, was selected for the UNK Festival Choir. Matthew Rast, Sophomore, son of Nathan and Heidi Rast, was selected for the UNK Festival Choir.



SINGING YOUTH OF NEBRASKA

Singing Youth of Nebraska (SYN) is a tremendous experience for students in grades 7, 8, and 9. During odd-numbered years, a Festival Choir is held at six or seven sites around Nebraska in late January or early February. On February 11, Newman Grove students Bethany Borgheiinck, Elyssa Cuevas, Morgann Johnson, Emma Montoya, Taya Morrison, and Leah Rast, will travel to Grand Island Senior High School to be part of this Festival Choir.

Dawn Bussey, of Albion, will be the guest conductor and looks forward to working with 187 singers from 20 different schools. The concert will be held in the GIHS auditorium. Concert starts at 4 p.m. and is open to the public. Tickets will be sold at the door for \$3. The public is welcome to attend.

Pictured are (l-r): Bethany Borgheiinck, Morgann Johnson, Emma Montoya, Elyssa Cuevas and Taya Morrison. Not pictured is Leah Rast.



Boone Central Choral Clinic



The 72nd annual Boone Central Choral Clinic will be held Monday, January 16, with about 466 students from 16 area schools expected to attend. Two seniors from Newman Grove High School will be attending and participating, Guadalupe Estrada and Kala Rast. Guest clinician will be David Sackschewsky of Grand Island Northwest High School. The clinic will begin at 10 a.m. and conclude with a 5:30 p.m. public concert in the Boone Central Gym. Admission is \$3 at the door.



January, 2017



SLEEP IS YOUR BRAIN'S BEST FRIEND

Skipping sleep doesn't just make you feel sleepy, exhausted, and crabby; it actually makes things harder for your brain. Whenever your day starts, getting enough sleep is one of the smartest things you can do.

Sleep more, learn more Americans of all ages should be <u>getting more sleep</u>—and that includes teens. According to the CDC, teens need at least eight hours of sleep per night, but two out of three U.S. high school students aren't getting that much. Scientists are still studying <u>why sleep is so important</u>. So far, they've learned that it may help your brain organize and retain your memories, so that you learn more and remember more of what you learn. Oh yeah, and it helps you survive, too!

The downsides of not getting enough sleep are enough to keep you up at night. They include general unhappiness, a weaker immune system (which can make you more vulnerable to illness), an increased risk of substance misuse, and an increased risk of car crashes—just to name a few.

What about medication to get more Zzzz's? A lot of adults have difficulty falling or staying asleep and they frequently turn to their doctors for <u>prescription</u> <u>sleeping aids</u>. But these aren't for everyone. They're a type of medication called depressants, because they "depress" the normal activity in your brain and spinal cord.

Most teens don't need a prescription sleeping aid. But if your doctor prescribes a sleeping aid for you, take it only as directed by the doctor. Using it for any reason other than to fall asleep, or using a prescription sleeping aid that was prescribed for someone else, can be very dangerous.

Count sheep—or just sleep If you need more sleep, try these tips, adapted from the <u>American Psycho-logical Association</u>:

1. Go to sleep and wake up at the same time every day.

2. Don't consume <u>caffeine</u> four to six hours before bed, and use <u>less caffeine</u> during the day.

3. Avoid heavy meals before bedtime.

4. Get regular exercise.

5. Minimize noise, light, and very hot or cold temperatures where you sleep.

6. Try to go to bed earlier every night for a while; this will ensure that you're getting enough sleep.

It can seem unfair if you have to "work" at falling asleep. But with practice, it will probably get easier, and you brain will thank you for it.

From The National Institute on Drug Abuse for Teens



English Class By Jared Wiemer

Greetings! My name is Jared Wiemer and I am the new English teacher for grades 7-12. Well, not quite so new anymore! This first semester of school has absolutely flown by. Let me first say that it has been a true pleasure getting to know each and every student that has passed through my class (which is all of them, come to think of it!).

First semester, obviously, has been one of change for both myself and the students. As we got to know each other, we covered some very important and difficult topics. Grades 7-11 began the year off with grammar while the seniors delved into British Literature. For most classes, grammar took up the first guarter and a half. Grammar is not always the most exciting thing to study, but I am proud of the work ethic all classes showed and their ability to come ready to work everyday. All classes have moved on to writing. The creative juices are definitely flowing! Some are writing research papers and others are learning how to argue with their persuasive essays (watch out parents!). We'll continue writing with the underclassmen for the foreseeable future. Once the spring thaw comes, we will transition from writing as our primary focus to literature. From there, we are already a skip and a jump away from summer break!

The seniors started, as I mentioned, reading, discussing, and writing about British Literature. This class is a lot of fun and did a superb job engaging with the material, especially as it was modeled after a college literature course in that we had fewer worksheets and more discussions of the texts. While Brit. Lit. has produced a lot of good discussion and thought, we are all ready to move on to writing. This semester we are going to spend time researching, revising, researching more, revising again, and then presenting what we have found in our research. Our goal, again, will be to emulate a college atmosphere in the hopes to really prepare ourselves for the rigors of school, and life, after high school. We will dabble in professional, creative, research, and persuasive writing.

In addition to my teaching duties, I am also the sponsor for One Act in the fall and Play Production in the spring. This is also my first year as sponsor of both productions, and, boy, has it been a learning experience so far! Cast, crew, and director all worked very hard to put on the best show that we could. We set out with the goals to have fun and give our best performance to the community. After competition, which was in Leigh, we all agreed that we had accomplished what we had set out to do. Several of our cast members were awarded Outstanding Actor at competition, with Mya Donelson and Tyson Haddix earning Academic All State. Excitement is already starting to build for our spring production and the scripts are already on their way!

As we begin a new semester, let me wish you a happy, prosperous, and productive New Year!







Newman Grove Bowling

By Alexis Kopecky and Bridgette Borgheiinck

On Saturday January 7, we hit the lanes again with a double header against Elba and Hastings St. Cecilia. We won 19-0 and 16-3 respectively. On Saturday, January 14th we travel to Plainview for our Conference Tournament at 10:00, hoping for the best. Our record so far this year is 4-2 with one more double header. On February 11-12, we will be traveling to Lincoln to compete in state where 8 teams will be competing for a place in finals on the 12th. Over the season, Savannah Wiese has been helping to keep score during our matches and give advice to the girls. We couldn't be more grateful for her help. Tim Krueger and Nancy Kopecky also give their time to help us improve our skills and we are proud to call them our coaches.





Newman Grove Dance Team

The Newman Grove dance team is coached by Susan King and consists of one senior, two juniors, two sophomores and one freshman. They competed at Arlington in October and received a Superior rating. Their first public performance was at halftime of the girls varsity basketball game on December 6th. They are hosting a dance clinic with elementary girls this week and will be performing at halftime of this Saturday's boys varsity basketball game against Guardian Angels Central Catholic.

> Pictured (I-r) is Breanna Borgheiinck, Kala Rast, Abigail Pohlen, Maddison Steffensmeier, Cheyenne Cleland, Evelyn Estrada -Gonzalez and a couple of photos of their first performance.



Boone Central/Newman Grove Boys Basketball



The 2016-2017 basketball season opened up with a victory over Hartington Cedar Catholic with the score of 57-46. The boys won the next three games against Columbus Lakeview, Central City and Pierce predominately and then squeaked by Twin River by one point 60-59.

On December 20th, the Cardinals fell behind the Knights of Norfolk Catholic in the first quarter 24-10 and trailed by as many as 20 points in the second period. Boone Central/Newman Grove surged back in the second half to take a late lead before ultimately dropping a 60-58 heart breaker to the Knights. They then hosted the Class C1 No. 10 Kearney Catholic Stars. The boys responded well after their first loss and made the needed plays down the stretch to defeat them 63-59.

Over the holidays they traveled to Broken Bow for a tournament. The first day was a tough battle against the hosts ending with a loss in overtime 50-54. The second day didn't fair any better, losing to Adams Central 60-65.

The tough stretch of games continued for the Cardinals last weekend with losses to Mid-State Conference foes O'Neill and Wayne. The O'Neill Eagles were Class C1 state football champions and showed with a 66-50 win over BC/NG that they may have the talent for a rare football-basketball title double. They shot 52 percent overall and sank 6 of 13 3-point attempts.

On January 7th, Wayne was up 18-11 after the first period, but the Cardinals rattled off 20 second-quarter points to take a 31-27 halftime lead. BC/NG maintained a five point advantage, 45-40, entering the fourth quarter, but Wayne rallied behind turnovers to take a 53-50 lead. The Cardinals fought back again, tying on a late 3-point basket and just missing the victory when a potential game-winning shot came just after the buzzer. The Blue Devils took a 3-point lead late in overtime with a forced turnover and layup, then blocked a final Cardinal shot attempt to tie.

Coach Justin Harris feels his team is close to getting back on the winning track. The Cardinals will travel to Stanton on Friday and then face the Guardian Angels in Newman Grove on Saturday.



January, 2017



Boone Central/Newman Grove Wrestling

By Dale Bonge



Plainview Dual 12/20/16

Boone Central/Newman 27 Grove vs. Plainview 37

- 106: Nate Christensen (PLAI) over Will Grape (BCNG) (Fall 5:12)
- 113: Jaden Sobotka (PLAI) over Christophor Thiem (BCNG) (Fall 2:18)
- 120: Dominique Rickard (PLAI) over Tyson Haddix (BCNG) (Fall 4:00) 126: Double Forfeit

132: Trenton Steinkraus (PLAI) over (BCNG) (For.)

138: Christian Miller (PLAI) over Ty Groth (BCNG) (Fall 0:54)

145: Cole Aschoff (PLAI) over Ethan Dozler (BCNG) (MD 11-2)

152: Garrett Cornwell (BCNG) over Hunter Ashburn (PLAI) (Fall 5:11)

160: Trey Schafer (BCNG) over (PLAI) (For.)

170: Bryton Fowlkes (BCNG) over Aaron Boone (PLAI) (Fall 3:36)

182: Ryan Thiem (BCNG) over Collin Gale (PLAI) (Dec 10-7)

195: Jesse Osantowski (BCNG) over (PLAI) (For.)

220: Double Forfeit

285: Cameron Nelson (PLAI) over Jon Merten (BCNG) (Dec 6-3)

Plainview came to town as the #2 rated team in Class D with several highly rated individuals. They had one guy rated #6, three guys rated #2 and one rated #1. The first half of the dual was all Plainview as they had four pins, a forfeit, and a major decision to open a 34-0 lead. Our guys took charge of the second half closing the gap to 34-27 with two pins, two forfeits and a decision with one match to go. Jon chose to bump up a weight class and came up just short. Down by one point in the finals seconds, Jon nearly scored what would have been the winning takedown but was countered at the buzzer. The highlight of the dual for us would likely be Ryan's upset of the #6 stated rated guy. Ethan had a respectable loss to one of their #2 rated guys. Bryton picked up his second consecutive win pinning his man. Garrett held a slim two point lead going into the third period where he wore his man down and secured a pin. Ty had the privilege of wrestling a 3 time defending state champ and Division I recruit.

Newman Grove Invitational 12/30/16

Team Scores: (1) Logan View 212, (2) Millard South JV 209, (3) Norfolk JV-1 152, (4) Boone Central Newman Grove 143, (5) Louisville 121, (6) Fremont JV 99.5, (7) Twin River 78, (8) Stanton 71, (9) Omaha Westside JV 66, (10) Fullerton 52, (11) Hay Springs 41, (12) Nebraska Christian 38, (13) Norfolk JV-2 11.5

The young Cardinals showed improvement overall but also showed a little rust from the week layoff. We definitely saw some areas we need to work on, but also saw other areas that we have improved upon since the last meet. The team finished in a solid fourth place in the 13 team meet.

We had 7 medalists (in the top 4) including 2 champs and a runner-up and finished the day with 24 wins and 14 losses. Trey wasted little time in his first two matches scoring first period pins in each. The semifinals and finals were very competitive matches as each was tied at some point in the final period before Trey took each man down to their back and secured pins to earn his championship. Jesse was our other champ. He dominated his weight class with a pair of pins and a major decision. Garrett was our other finalist. After opening with a first period pin in his initial bout Garrett controlled his next two matches winning by 7 & 6 points respectively. In his finals match Garrett came up just short in a 5-7 loss.

Wrestlers earning 4th place were Will, Tyson, Ty, and Ethan. Will got off to a slow start getting taken down & pinned in the first period of his first match. He came back strong after that with a pair of pins of his own to advance to the consolation finals where he had a rematch with his first opponent. Will gave a much better accounting of himself coming up just short in a 12-15 loss. Tyson had a hard days work earning his 4th place medal. In his first match Tyson came out on top of an 8-3 score. In his second match he came from behind to pin his opponent. After suffering a loss in the semifinals, Tyson fought his way to another close win over his first opponent by a closer 7 -4 result to advance to the consolation finals. There he came up just short in an overtime loss. Ty had a solid day going 2-2 with his only losses to the 2nd & 3rd place medalists. In his wrestle back matches, Ty secured a pair of come from behind pins to earn his 4th place medal. Ethan finished the day 4-1 with his only loss by a close 12-11 score. Ethan came out on top of a tight match to win 4-2 in sudden victory. He also had a pair of pins and a win by injury default. He could not compete for the 3rd place medal as he had already reached the 5 match per day limit. Bryton put in a hard days work. He started well with a first period pin. He dropped his second match in an overtime loss. In the consolation bracket Bryton scored a pair of close decisions before getting stuck with just 10 seconds to go in his final match of the day.



Boone Central Dual Tournament 12/31/16

Team Scores: (1) - Alliance, (2) - Boone Central/Newman Grove, (3) - Norfolk Catholic, (4) - Wood River, (5) - Shelton/Kenesaw, (6) - Grand Island Central Catholic

Round 1-Boone Central/Newman Grove defeated Grand Island Central Catholic 54-24, Norfolk Catholic defeated Shelton/ Kenesaw 45-36, Alliance defeated Wood River 51-27. **Round 2**-Alliance defeated Shelton/Kenesaw 48-21, Boone Central/Newman Grove defeated Norfolk Catholic 36-27, Wood River defeated Grand Island Central Catholic 45-33. **Round 3**-Alliance defeated Norfolk Catholic 43 -30, Shelton/Kenesaw defeated Grand Island Central Catholic 51-18, Boone Central/Newman Grove defeated Wood River 53-23. **Round 4**-Alliance defeated Boone Central/Newman Grove 47-21, Wood River defeated Shelton/Kenesaw 45-30, Norfolk Catholic defeated Grand Island Central Catholic 66-18. **Round 5**-Norfolk Catholic defeated Wood River 54-24, Shelton/Kenesaw defeated Boone Central/Newman Grove 38-33, Alliance defeated Grand Island Central Catholic 72-0.

All in all we competed well but we need to improve our consistency. Getting three dual wins and placing second as a team to Class B #6 rated Alliance was a big plus but dropping a second dual to Shelton/Kennesaw, who was beaten by two teams that we beat, was a bit of a disappointment.

Will, Jon, & Jesse all went 5-0 for the day to lead the team. Will avenged a first week loss to his opponent from Norfolk Catholic and had a couple of other pins along with a pair of forfeits. Jon nailed down four pins and scraped out a tough 8-6 win against his Alliance foe. Even though Jesse went unbeaten and scored the maximum amount of team points possible for us he was disappointed that he only had one actual match all day as four of his wins came via forfeit.

Garrett, Trey, and Ryan all went 4-1. Garrett's lone loss was by a respectable 6-1 score to the #2 rated man in Class B. He barely squeaked out a 9-8 win over his Norfolk Catholic opponent. Garrett also had a pair of pins and a forfeit. Trey had a pair of forfeits, a pin, came out on top of a 5-4 battle and had a loss to the #4 rated guy in Class C. Ryan pinned three of his opponents, had a tight 3-1 win over his Alliance man, but came up just short in a 12-9 loss in our last dual against Shelton/Kennesaw.

Collecting three wins were Bryton and Ethan. Bryton had a key overtime win against his Norfolk Catholic man. He also scored a pin and a forfeit win in other matches. Ethan also had wins by pin, regular decision, and forfeit to go along with his two close regular decision losses. Tyson had a pair of wins. Ty also got one. In the Norfolk Catholic dual we had some key performances by several of our guys either getting pins, not getting pinned, or winning close matches.

Aurora Invitational 1/3/17

Team Scores: (1) Amherst 155.0, (2) Crete 149.5, (3) Nebraska City 144.0, (4) Aurora 132.0, (5) Raymond Central 94.0, (6) Boone Central/Newman Grove 87.0

This meet featured some very tough teams and individuals including seven time defending state champion team Amherst. We did not have our best performance of the year but found out areas we need to improve upon. Garrett was our lone champ going 3-0 for the meet with 2 pins. Trey and Ryan were runner-ups. Trey was involved in some very close matches winning 4-3 and 5-3 plus an overtime loss. Ryan came up just short of winning the meet with a pin and an overtime loss.

High Plains Invitational 1/6-7/17

This year's edition of the two day 22 team High Plains Invitational includes teams from all four classes and featured nine teams rated in the state's top 10 with no less than 43 wrestlers rated in the top 6 of state, fifteen of which are rated in the top 2. Just making it to the second day of competition is commendable. We competed well on day one with five of the ten entered wrestlers qualified for day 2 for the Cards.

Will went 2-2 scoring a pair of pins with his two losses coming at the hands of two placers including the eventual champ. Ethan won his first two matches by pin and a major then tweaked a muscle in a 5-2 loss and was withheld from further competition so as not to cause more damage. Ryan went 2-2 and just missed making it to day 2. In fact, he beat the eventual 6th place medalist 9-6 but dropped an overtime match that had he won would have advanced him to day 2. Three of our guys, Tyson, Garrett, and Jesse, qualified for Saturday and placed 8th. On day one Jesse pinned his first man but sustained an injury in a later match that put him out of the tournament, but as he had already qualified for day 2 he earned 8th place. Tyson had a key 7-5 win and a pin to propel him to day two. After a first round loss on Saturday to the eventual champ, Tyson came up just short in a pair of close losses 3-2 and 6-4. Garrett started out with 4 straight pins on day one. On day 2 Garrett competed well but came up just short in all 3 matches. His weight class had 5 guys rated in the top 5 in state.

Jon had his best performances of the year in earning 6th place. On Friday, Jon scored 3 pins and battled the eventual champ (rated #2 in Class B) to a 5-3 loss. In his opening match on Saturday, Jon came up on the short end of a 2-1 score with the #6 rated guy in his weight in Class B. In his next match, Jon came from behind to tie the score at 4-4 before scoring a sudden victory overtime win with a slide-by takedown. Trey's only loss was to #2 rated Donscheski from Palmer. Other than that Trey had 3 pins and a major decision for the tournament while placing third. We competed better than we did on Tuesday at Aurora, so that was a plus. This brought to a close a very busy nine days in which we had 4 tournaments and many of our guys tripled the number of matches they had participated in prior to this busy stretch. We have a lot of guys banged up a bit right now but have a full week between meets to heal up and improve.





Boone Central/Newman Grove Girls Varsity Basketball

By Andy Imus



Broken Bow Holiday Tournament 12/29/16-12/30/16

We really put an emphasis on focusing on basketball during the holiday tournament. We were ready from the tip off against Bennington and played well at times. We stressed being a more consistent team as we did some very good things and then would have some miscues that were unacceptable. We didn't communicate well at times on defense and allowed Bennington some uncontested shots that they made, didn't box out at times, and didn't do a good job of closing out at times. We did some very good things on the offensive end that saw numerous girls score. They shared the ball well and took advantage of the opportunities Bennington gave us, mainly their lack of post defense. Overall, I was pleased with the effort the girls gave on both ends of the floor. They pulled out the win with a score of 59–40 and went on to the championship game.

Stressed getting a good start and playing with a sense of urgency and our 20-3 first quarter score was indicative that our girls were ready to play. We probably fell victim to scoreboard watching as our second and third quarters lacked the urgency that was displayed in the first quarter. Our press did some good things and caused some turnovers that lead to some points for us. Again, we need to continue to improve our defensive communication so it happens at all times. I was proud of the effort the girls brought on the defensive end as they did a good job on their on ball pressure and for the most part, playing the passing lanes as well. Our defensive pressure was an improvement from previous games and now something we need to see on a consistent basis. Overall, I am proud of the effort and focus our girls brought into the holiday tournament that resulted in winning the tournament. We defeated Broken Bow 45-22. We see flashes of great team play and will continue to stress stringing it together as we move into the second half of our season.

O'Neill 1/6/17

We played a much improved O'Neill team that plays an aggressive, tough defense and has some nice offensive players. We had a good start and grabbed a 19-12 lead that evaporated into a 21-19 halftime deficit. We had a difficult time converting points as they switched to a zone defense that really took away our aggressiveness on the offensive end. We need to do a better job of attacking the zone seams for some kick outs along with quicker ball reversals and attacking their wing closeouts. Our 3 point shooting needed to be better (2/15) that would have helped soften their interior defense a bit. Carsen Grape and Jenna Kramer did a good job offensively in the paint, our guards need to continue to get the ball into their hands that sets them up for success. We had a chance to win at the end of regulation, but Lauren Hedlund's shot at the free throw line rolled around and out. A 3-2 overtime advantage saw BC/NG squeak out the one point win as O'Neill couldn't convert their steal and shot at the buzzer. Score was 42-41 at the end of overtime. A toughness win that saw our starters play a bulk of the fourth quarter and overtime where they had to will themselves to a victory. We need to continue to improve on the small things that will help us become a better team as we continue our season.

Wayne 1/7/17

We gave up too many offensive rebounds (14) and allowed Wayne 12 points off turnovers that cost us an opportunity for a win against a solid Wayne team. We also allowed 32 points in the paint as we didn't do a very good job of containing the ball handlers and our help side defense was out of position a few too many times. #5 Hammer scored 32 points as she was able to get to the rim and convert or get to the foul line. We discussed how everything Wayne did went through her, and focused on slowing her down. I was disappointed as we lost track of where she is a few too many times on out of bounds plays and she would hit a 3. Our lack of focus was probably a big reason why we lost this game. Our total team defense needs to improve and execute on a more consistent basis. Some of it could be weary legs from the night before, but we aren't making any excuses and need to be tougher than what we showed on the defensive side. Final score of the game was 47–56. Another opportunity that showed us some things we need to continue to work on as we move into our season.



January, 2017



Junior High Boys Basketball BCNG vs Pierce 1/10/17

7th Grade

By Rob Rose



The young Cards opened the 2017 season against Pierce on Tuesday night in Petersburg. The Cards started out with a nice game. The Cards had 11 players score in this game and as a coach you can not ask for more with this being their first game. The Cards will travel to Columbus Scotus on Monday for their 2nd game.

Pierce	7	5	2	6	20
BCNG	8	10	10	11	39

Scorers: David Figgner 2, Dustin Andreasen 6, Cody Maricle 2, Braden Benes 4, Collin Beierman 2, Gavin Dozler 2, Carsen Maricle 2, Patrick Groeteke 2, Garrett Rasmussen 8, Jacob Devine 2, Carsten Bird 8

The Cards have 21 boys out for basketball in the 7th grade class so we were able to have a intersquad quarter. The team did some good things in both games and as a coach it is nice to see but we also have many things to work on. We did not keep score since we had kids change teams as they played. We had three kids score.

Scorers: David Figgner 2, Collin Beierman 2, Ashton Schafer 2

Boone Central/Newman Grove Boys Junior Varsity Basketball



So far the JV team has 4 wins and 3 loses on the season. The year has been positive and the guys are playing hard and giving full effort in practices and games. We look to head into the second half of the season strong and to compete in all our games as we develop into the best team possible.

This year's JV team includes: Jose Clemente, Nick Langan, Brenden Beierman, Blaine Young, Logan Hodges, Todd Berger, Zack Reicks, Jett Stuhr, Will Frey, Carter Henry, William Thompson, and Caden Ranslem.

Results to date:

Played at	Date	<u>Day</u> Fri.	<u>Opponent</u>
Away	Dec. 2	Fri.	@ Hartington CC Columbus Lakeview
Home	Dec. 3	Sat.	Columbus Lakeview
Away	Dec. 8	Thurs	@ Central City
Home	Dec. 9	Fri.	Pierce
Home	Dec. 13	Tues.	Twin River
Home	Dec. 16	Fri.	Norfolk Catholic
Home	Dec. 22	Thurs.	Kearney Catholic
Home	Jan. 6	Fri.	O'Neill
Away	Jan. 7	Sat.	@ Wayne
-			-

Junior High Boys Basketball



BCNG vs Pierce 1/10/17 8th Grade **By Jeff Haves**

The 8th grade team had a rough night on the offensive end of the court. We really struggled to take care of the ball and make shots. We will need to improve our offensive flow so we can create more open looks for players. We did some good things in our first game but will just have to keep working on the fundamentals of basketball. Pierce was able to create more open looks than we were. We definitely need to cut down our turnovers so we can get more shots at the hoop.

Score:	1 st	2 nd	3rd	4 th	Final
BCNG	6	3	4	11	24
Pierce	8	7	16	5	46

Scorers: Ryan Kramer 13, Wade Hendrickson 1, Shannon Samuels 8, Zane Niemann 2

By Matt Rudloff



Result Loss 33-60 Win 58-52 Win 55-42 Loss 64-70 Win 50-37 Loss Loss 51-53 Win 44-34 Win 45-42

FEBRUARY 2017

Sun	Mon	Tue	Wed	Thur	Fri	Sat
			1 No School PK-12 Teacher In-Service 8:00am Speech: Riverside 4:00pm Parent- Teacher Conf (to 8 pm)	2 TBD GBB: Conf Tourney 7:00am Dance Team Practice 4:30pm JHBBB: Fullerton (@ Newman Grove)	3 Jr Class Mtg (lunch) NCDA JH Show Choir TBD BBB: Conf Tourney	4 FFA State Degrees/Proficiency Reviews TBD GBB: Conf Tourney TBD BBB: Conf Tourney 9:30am JVWR: Creighton Invite (A) 9:30am WR: Conf Tourney @ Norfolk Catholic
5 NeSA Testing (Feb 6 - Mar 17)	6 4:30pm JHBBB: Central City (@ Petersburg) 6:30pm 9th G/BBB: Twin River (@ Newman Grove) 7:00pm CDE Practice	7 7:00am Dance Team Practice 7:15am CILT Team Mtg 4:15pm G/BBB: GINW (A)	8 Student Council Mtg (lunch)	9 7:00am Dance Team Practice 6:00pm GBB: Bishop Neumann (A) 7:00pm Grades 4 & 6 BBB	10 WR: Districts @ Aurora 8:00am Speech: Holy Family Invite	11 ACT Test Singing Youth of NE @ GI WR: Districts @ Aurora 9:00am 9th G/BBB: Boone Central Tourney 1:00pm G/BBB: Ainsworth (A)
12	13 GBB: Subdistricts 3:35pm CDE Practice 4:30pm JHBBB: O'Neill (@ Petersburg) 7:00pm Bluejay Foundation Annual Mtg 7:30pm Board of Ed Mtg	GBB: Subdistricts FBLA Mtg (lunch) 7:00am Dance Team	15 NAEP Test (Grades 4 & 8) Senior Class Mtg (lunch)	16 GBB: Subdistricts WR: State Championships (Omaha) 7:00am Dance Team Practice 6:00pm Grades 4 & 6 BBB	17 WR: State Championships (Omaha) State Dance Competition (GI) 4:30pm BBB: Crofton (H)	18 WR: State Championships (Omaha) State Dance Competition (GI) 9:00am JHBBB: Boone Central Tourney
19 National FFA Week (Febr 18-25)	20 President's Day BBB: Subdistrict 7:00pm PTO Meeting	21 BBB: Subdistricts 7:00am Dance Team Practice 6:30pm CDE Practice 7:30pm FFA Meeting	22 No School PK-12 10:00am NG Speech Invitational	23 BBB: Subdistricts 7:00am Dance Team Practice 6:00pm Grades 4 & 6 BBB	24 GBB: District Finals Senior Careers Class (Per 6) Jr Class Mtg (lunch)	25 WR: Dual Championship @ UNK WSC Show Choir Festival (JH)
26	27 BBB: District Finals TR/GO Practice Begins	28 FFA/Dist CDE Contest (Columbus) PK Activity (Reading Night) (old gym) 7:00am Dance Team Practice				



NEWMAN GROVE SCHOOL LUNCH MENUS

(A variety of low fat & fat free milk offered with each meal; salad bar available to 7-12 students)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
January 30 Cinni Minis <u>Fresh Fruit & Juice</u> Chicken Nuggets French Fries Mandarin Oranges	January 31 Mini Pancakes <u>Fresh Fruit & Juice</u> Shredded Pork Sandwich Baked Beans	February 1 NO SCHOOL	February 2 Cream Cheese/Bagel <u>Fresh Fruit & Juice</u> Chicken Drumstick Mash Potatoes/Gravy Pineapple Dinner Roll	February 3 Long John <u>Fresh Fruit & Juice</u> Softshell Taco Lettuce/Tomato Refried Beans Fruit Cocktail		
February 6 Mini Choc Chip French Toast Sticks <u>Fresh Fruit & Juice</u> Pizza Crunchers Green Beans Applesauce	February 7 Cheese Omelet <u>Fresh Fruit & Juice</u> Cheeseburger Tater Tots Corn Tropical Fruit	February 8 Blueberry Muffin <u>Fresh Fruit & Juice</u> Chicken Strips Mash Potatoes/Gravy Mandarin Oranges Dinner Roll	February 9 Mini Donuts Fresh Fruit & Juice Pork Patty Sandwich Green Beans Peaches	February 10 Apple Churro <u>Fresh Fruit & Juice</u> Taco Soup Frito Chips Carrot Sticks Pears		
February 13 Breakfast Sliders <u>Fresh Fruit & Juice</u> Crispito w/Chz Sauce California Veggies Pineapple	February 14 Cereal/Yogurt <u>Fresh Fruit & Juice</u> Popcorn Chicken Carrots Mandarin Oranges Cookie	February 15 Breakfast Sandwich <u>Fresh Fruit & Juice</u> Ham & Scalloped Potatoes/Corn Strawberries/Bananas Dinner Roll	February 16 Mini Waffles Fresh Fruit & Juice Meatball Sub French Fries Broccoli Tropical Fruit	February 17 Ultimate Brkft Round <u>Fresh Fruit & Juice</u> Mini Corn Dogs Green Beans Peaches		
February 20 Mini Pancakes Fresh Fruit & Juice BBQ Rib Sandwich French Fries Peas Fruit Cocktail	February 21 Cinnamon Roll <u>Fresh Fruit & Juice</u> Flying Saucer Green Beans Peaches Dinner Roll	February 22 NO SCHOOL	February 23 Breakfast Pizza Boat <u>Fresh Fruit & Juice</u> Turkey Sub Sandwich WG Chips Carrot Sticks Pineapple	February 24 French Toast Sticks <u>Fresh Fruit & Juice</u> Beef Nachos Fiesta Beans Pears		
February 27 Cream Cheese/Bagel <u>Fresh Fruit & Juice</u> Hot Dog w/Bun Baked Beans Corn Applesauce	February 28 Apple Turnover <u>Fresh Fruit & Juice</u> Chicken Strips Tater Tots California Veggies Tropical Fruit	(menus are subject to change without notice)				



No School Announcements (Subject to Change)

become necessary to cancel school due to inclement weather:

www.newman.esu8.org

94 Rock (94.7 FM)

WJAG (780 AM)

KZEN (100 FM)

KLIR (101 FM)

KTTT (1510 AM)

Cancelled Preschool will be made up on a Friday.

Channel 8 or Channel 10/11 (Lincoln)

Monday, January 23 Wednesday, February 1

Wednesday, February 22 Friday, March 3 Friday, March 10

Television:

time changes.

Late Start-NO MORNING Early Out-NO AFTERNOON.

Website:

Radio:

NO SCHOOL PK-12 NO SCHOOL PK-12 Parent-Teacher Conferences, 4:00 PM —8:00 PM NO SCHOOL PK-12 NO SCHOOL PK-12 NO SCHOOL PK-12

WINTER

SCHOOL CLOSING

ANNOUNCEMENTS

US 92 (92.7 FM) KEXL (106.7 FM)

KKOT (93.5 FM) KJSK (900 AM)

KPNO(90.5 FM)

The following radio and television stations will be contacted should it

NOTE: Newman Grove Preschool will follow the K-12 weather related

Thanks to all of our community volunteers who helped with our wrestling



tournament on December 30th. We truly appreciated all the help!



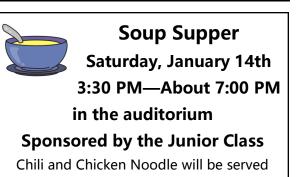
SAVE YOUR BOX TOPS!

Box Tops for Education

Newman Grove Schools continues to collect Box Tops for Education Coupons. Coupons are redeemed for items such as computer software. **Deadline for this year is February 15th.** You may continue to save for next year after that date.

THANK YOU FOR CONTRIBUTING!





MISSION STATEMENT

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Our mission is to provide a safe environment where all students can develop academically, socially, physically, and emotionally. Students will be provided the opportunity to acquire skills needed to participate in, and contribute to, society.

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